

Social Care

Wellbeing policy



Read more:

Care Act: Section 1

Guidance: Chapter 1, p1

Promoting a person's wellbeing is at the heart of everything we do.

"Wellbeing" is a broad concept, and relates to a person's:

- personal dignity (including be treated with respect);
- physical and mental health, and emotional wellbeing;
- protection from abuse and neglect;
- control over day-to-day life (including how care and support is provided);
- participation in work, education, training or recreation;
- social and economic wellbeing;
- domestic, family and personal life;
- suitability of living accommodation;
- contribution to society.

We will follow these principles.

We will also adhere to the following standards:

- We will always begin with the assumption that the person is best placed to judge their wellbeing
- Their views, wishes, feeling and beliefs will be respected
- We will help to prevent and delay a person's need for care and support as well as helping to reduce them if they already exist
- Decisions made will be based on an person's individual circumstances
- The person will be able to fully participate in decisions
- If a person is assessed as having care and support needs we will always considering the impact on their wellbeing when determining eligibility for support.
- If the person has a carer we recognise the importance of achieving a balance of wellbeing for both the individual and their carer
- We will protect people from abuse and neglect
- Any restrictions we have to place on someone will be kept to the minimum necessary.

These principles and standards will be at the core of what we do when we apply all others areas of the Care Act legislation.