

March 2024



WISE UP WORKSHOPS

Empowering Parent Carers to succeed

Helping your child through a transition

We are pleased to share our WISE UP WORKSHOPS. These are open to all parent carers in Somerset who have a child with additional needs and/or a disability.

Transitions and changes are part of all our lives and for a lot of people these can have minimal impact. However, for children and young people with additional needs, the impact of what might seem like a small transition can have a large impact.

Transitions can include a change in education setting, support worker, medical team or something which happens on a daily basis such as going from home to school.

This session will look at ways you can help your child during a transition and provide some practical strategies to use.

Dates and locations

13th March	Wincanton	10:00 - 12:00
14th March	Wiveliscombe	12:30 - 14:30
14th March	Chard	19:00 - 21:00
20th March	Bridgwater	19:00 - 21:00
21st March	Frome	10:00 - 12:00
26th March	Cheddar	12:30 - 14:30

These workshops are free to attend to book your place please go to:
<https://somerseparentcarerforum.org.uk> or call 01458 259384

